



**BATTLE  
AGAINST  
HUNGER**

P.O. Box 800 • Pennington, NJ 08534-0800  
(732) 274-9514 • [www.battleagainsthunger.org](http://www.battleagainsthunger.org)

## Rider/Bike Checklist

The Ride for the Battle Against Hunger can be a demanding 200-mile ride featuring varying road and weather conditions. This checklist is designed to help ensure that your bike is properly prepared for a great ride. Riders not completing this form will be subject to labor charges for bike repairs during the Ride.

Rider Name: \_\_\_\_\_

Bike Model: \_\_\_\_\_ Serial # \_\_\_\_\_

- Check & Adjust headset
- Check & Adjust B/B
- Check & Adjust front and rear hub
- Check chain
- Inspect wheels for trueness and excessive rim wear
- Inspect tires
- Adjust gears front & rear
- Adjust brakes front & rear
- Inspect cables
- Inspect brake pads

Shop Stamp: \_\_\_\_\_

Certified Mechanic Initials: \_\_\_\_\_ Date: \_\_\_\_\_

Please give this simple checklist to your bike shop mechanic and have these items checked. Have your mechanic initial the form and return it by fax to 732-257-3353 or by mail to the address above no later than **Monday, August 16.**