

Rider/Bike Checklist

The Ride for the Battle Against Hunger can be a demanding 200-mile ride featuring varying road and weather conditions. This checklist is designed to help ensure that your bike is properly prepared for a great ride. Riders not completing this form will be subject to labor charges for bike repairs during the Ride.

Rider Name: _____

Bike Model: _____ Serial # _____

- Check & Adjust headset
- Check & Adjust B/B
- Check & Adjust front and rear hub
- Check chain
- Inspect wheels for trueness and excessive rim wear
- Inspect tires
- Adjust gears front & rear
- Adjust brakes front & rear
- Inspect cables
- Inspect brake pads

Shop Stamp: _____

Certified Mechanic Initials: _____ Date: _____

Please give this simple checklist to your bike shop mechanic and have these items checked. Have your mechanic initial the form and return it to Phyllis Jones or by mail to the address above no later than **August 14, 2016**.